

JULY 2021 COMMUNITY UPDATE

Hello neighbours of Crestview and St. James area. Since our last update, so many amazing things have happened at Bruce Oake Recovery. Including opening ahead of schedule. We owe a debt of gratitude to our community for playing a role in bringing Bruce Oake Recovery Centre to fruition. None of us can do this work alone.

We have been overwhelmed with the positive support from our community and the number of inquiries regarding volunteering, giving back and facility usage. It is so important to us to be an active member of our community and we are encouraged by your support, thank you for your keen interest in recovery.

Our official grand opening is quickly approaching in August. We are beyond excited to get the ball rolling and show the community our full potential. Our primary purpose is to make a difference in the lives of those we serve, their families and our communities. Together, we are building a foundation for life for generations to come.

To get involved with the Bruce Oake Recovery Centre please consider joining our Community Committee. For more information, please email us at info@bruceoakerecovery.ca



EXCITING THINGS ARE HAPPENING...



COMMUNITY GYM USE

As the pandemic restrictions loosen, we are preparing to start opening our facility to use our shared gymnasium. The number of inquiries to date have made us excited to share this space with you. From youth sports teams and other community sports leagues, we are thrilled to share our home with you!

Bruce Oake has a full-sized gymnasium equipped for almost any sport, a stage, full sound system and designated changes rooms. There is a separate entrance and designated parking located on the west side of the building next to the Assiniboine Memorial Curling Club.

If you are interested in using or booking the gymnasium, please contact Emerson at **204-229-9046** or **emerson@bruceoakerecovery.ca**.



COMMUNITY CLEAN-UP

A key part of our philosophy is steeped in community and giving back. This fall, we will be hosting a fall community clean-up. Providing assistance to community members who need a hand raking leaves, hauling garbage or other small jobs in preparation for our winter months. The clean-ups will take place on two consecutive weekends and will include a day cleaning up the banks of Sturgeon Creek.

Stay connected through our social media, our website or next community update as we work to finalize the details.

For more information or if you would like assistance with your fall clean-up, please contact **info@bruceoakerecovery.ca**.



WE WANT TO MEET YOU!

As COVID-19 restrictions are easing and the community is opening back up we are eager to meet the members of our community. There are plans in place for a family friendly fall event (as long as it's within public health guidelines). Family and community are so important to each of us here at Bruce Oake, we can't wait to get to know you!

Our doors are always open, when it comes time, we can't wait to have you over. Whether you join us for a meal or simply want to check out what we have to offer, we are here welcoming you with open arms.



Bruce Oake Recovery Centre is home to a diverse group of individuals; fathers, sons, brothers and uncles all with the same problem – addiction. Participants at Bruce Oake are here by choice and have demonstrated a desire to change their lives, and stop using alcohol and other drugs. Our services are completely voluntary and non-mandated. There are never any incarcerated individuals in our program, While participants come to treatment from many diverse circumstances, they all share a common bond – the search for recovery. Addiction is a chronic illness, and while addiction has no cure, **we do have a solution.**

Our job is to provide every individual with the tools they need to heal, find sobriety and to be a productive and contributing member of society. In accordance with our promise to the local community, City of Winnipeg, and the Government of Manitoba our commitment is to house, treat and support individuals who are seeking a solution, and ultimately recovery.



We are committed to being a good neighbour, someone you can rely on and turn to should you or someone you know ever need a hand. It is important to us that we create a space for open communication, transparency, and respect. Bruce Oake Recovery Centre is committed to being a leader in our community. We look forward to building relationships with our community, city and province as we continue to work towards our ultimate goal.

Together, we are building a foundation for life.

In May, we welcomed our first participants home, and since then we have enjoyed getting to know each of them. Tanner, featured left is an avid cyclist, who's grandmother's church group supported by purchasing him a bike. When Tanner is not in program, he is busy exploring the pathways and loving every minute of the warm weather we've been experiencing.

ONE FAMILY'S STORY

To the right, is our very first Bruce Oake participant Richard, and his mom. Together, they have found hope and are focused on bringing their dreams to life. Richard, an aspiring basketball player shares his love of the game and recovery every day. His mom, worrying less now that Richard is receiving the help he needed is focused on sharing her story so other families such as theirs know that there is hope, healing is possible and that recovery is real.

“Over 10 years of struggle. Many tears of pain and sorrow yet you are still standing by my side. I love you so much mom. I am NOW ready to take control of MY life. My new life begins today. Sending Love to all my supports. One day at a time. HOPE HONESTY HEALING HONOR.” – Bruce Oake's first participant

